Recipe Sizing Report

000777 - fiesta- chicken soft shell : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt: 2 oz	
Number of Portions: 50	Grains: 2 oz	
Size of Portion: serving	Fruit:	
	Vegetable: 0.25 cup	
	Milk:	

Ingredients	Measures	Instructions
990045 chicken diced white 599697	5 lbs	using roasting pan head chicken, and taco seasoning. follow
990095 cheese cheddar shredded gfs 776831	5 lbs	directions on seasoning package-
903063 taco seasoning spicy LS 413445	2 1/2 (1/4 cup)	
902947 tortilla azteca ultra grain 6" 882690	100 each	r
011252 LETTUCE,ICEBERG (INCL CRISPHEAD TYPES),R	2 qts + 2 CUPS (shredded)	
902757 salsa red gold greco 36207	2 lbs + 8 ozs	

*Nutrients are based upon 1 Portion Size (serving)

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Calories	438 kcal	Cholesterol	48	mg	Protein	28.11	g	Calcium	377.66	mg	44.13% Calories from Total Fat
Total Fat	21.46 g	Sodium	607	mg	Vitamin A	480.6	RE	Iron	2.07	mg	24.71% Calories from Saturated Fat
Saturated Fat	12.02 g	Carbohydrates	35.01	g	Vitamin A	1094.0	IU	Water ¹	*13.77*	g	*0.00%* Calories from Trans Fat
Trans Fat1	*0.00* g	Dietary Fiber	*4.95*	g	Vitamin C	*1.3*	mg	Ash ¹	*0.05*	g	31.99% Calories from Carbohydrates
											25.69% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} denotes optional nutrient values